

**\* पू. गुरुदेव को \***

गुरुजी आपकी वाणी को मनमें हम संभालेंगे ।  
सदप्रेरणा ले आपसे, हमारा जीवन सजाएंगे ।  
मनमें हमारे भरा हुआ राग और द्वेष है ।  
अभिमान का अंतरमें खडा हुआ पर्वत है ।  
जिनवाणी सुनकर आपसे, अभिमान को हटाएंगे ।  
प्रभुवीर के चरणों में हम, मस्तक अपना झुकाएंगे ॥



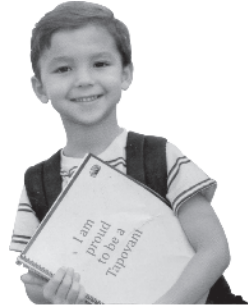
**\* Be Positive \***

कोशिश करनेवालों की हार नहीं होती,  
असफलता एक चुनौती है - स्वीकार करे  
क्या कमी रह गई देखो और सुधार करे ।  
जब तक न सफल हो नींद - चैन को त्यागो तुम,  
संघर्षों का मैदान छोड़ मत भागो तुम ।  
कुछ किए बिना ही जय-जयकार नहीं होती,  
कोशिश करनेवालों की हार नहीं होती ॥



**\* Who Am I ? \***

I make you strong  
I make you healthy  
But, you should take me daily,  
Can you say who am I ?  
Little children hate me,  
Big adults love me,  
I take care of your body,  
Can you say who am I ?  
I contain nutrients,  
I contain rona is age,  
Now, can you say, who Am I ?



**Ans : I am balanced diet...Ha...Halll**

**\* Values of trees \***

Trees are very useful to man. They support the life of living beings. The leaves of trees absorb carbon and break it up carbon and oxygen.

Thus trees replace oxygen which is constantly used and changed into carbon dioxide in breathing a burning. The trees retain carbon and release oxygen of use of living beings.

Trees help to prevent drought and floods. Man not recognized the important of trees. Man cuts the trees to get quick profit from them. We should plant more and more trees. We inhale fresh air if we have more trees on the earth.



**- Jain Yash Vikrambhai - 7th**

**\* Indian 29 States & Capital of states \***

States	Capital of States
1) Maharashtra	Mumbai
2) Andhra Pradesh	Hyderabad
3) Arunachal Pradesh	Itanagar
4) Assam	Dispur
5) Bihar	Patna
6) Chhatisghadh	Raipur
7) Goa	Panaji
8) Gujarat	Gandhinagar
9) Harayana	Chandigarh
10) Himachal Pradesh	Shimla
11) Jammu & Kashmir	Srinagar
12) Jharkhand	Ranchi
13) Karnataka	Bengalor
14) Kerla	Thiruvananthapuram
15) Madhyapradesh	Bhopal
16) Manipur	Imphal
17) Meghalaya	Shillong
18) Mijoram	Aizawl
19) Nagaland	Khoima
20) Odhisha	Bhuneshwar
21) Punjab	Chandigarh
22) Rajasthan	Jaipur
23) Sikkim	Gangtok
24) Tamilnadu	Chennai
25) Telengana	Hyderabad
26) Tripura	Agaratala
27) Uttarakhand	Dehradun
28) Uttar Pradesh	Lukhnow
29) West Bengal	Kolkata

**\* Silence is a God \***

A God is great, He blessed us with the power of speech. But it rests with us whether we use our tongue with restrain or not. They say "if speech is silver, Silence is gold." We should therefore, use our tongue carefully to be a good speaker is a great virtue. A good talker is well versed on using the correct words in saying the right thing at the right moment. To be a good listener is also a great quality. A talkative person who is in the habit of speaking too much often espousses himself. If we remain silent, nobody can read our mind. Silence councls most of our weaknesses. So we should observe as much silence as we can.

**- Doshi Tanay Vipulbhai - 7th**